

# THE TEN COMMANDMENTS

**Timeless Truth:** Following God's laws results in righteousness.

**Bible Basis:** Exodus 24–31

**Key Verse:** [God's people] answered with one voice. They said, "We will do everything the Lord has told us to do." —Exodus 24:3 NIV

**Resource:** *The Story for Little Ones*, Chapter 5: "The Ten Commandments"

## PARENT TIPS

Read chapter 5 in *The Story for Little Ones* several times this week and talk about the key point. Reading the story several times will help your preschooler to remember it. Use the Table Talk questions to talk about the lesson. Use the questions anytime throughout the week, not just at the table. The Living Faith activity is a tasty reminder of the rules that God gave us. The Extra Mile ideas give you more ways to help your child remember the lesson.

## GET THE POINT

God gave us rules so we can live good lives and know God better. God's rules will help you live a good life and know God and what he is like.

## TABLE TALK

- **Why do we have rules?**
- **What are some rules at home? At preschool? At church?**
- **What are some of God's rules?** (Don't worship anything but God. Use God's name with respect. Obey your parents. Don't steal.)

## LIVING FAITH

Make a fun snack to remind you of the Ten Commandments. Give your child two graham crackers. Using a craft stick or a table knife, help your child spread cream cheese or icing on the graham crackers. Then put ten things on the graham crackers, such as ten chocolate chips or ten pieces of fruit. As you enjoy your snack, talk with your child about God's rules. Talk about how those rules help us to live a good life.

**EXTRA MILE**

Let your child act out being Moses getting the Ten Commandments from God. Let your child climb up stairs like Moses climbed the mountain and then bring back two rocks (small enough that your child can carry them easily) down to you and tell you about God's rules.

Play one of your child's favorite games. As you play, talk about the rules and what happens if you don't play by the rules.

Go on a treasure hunt throughout your house with your preschooler. What can you find that there are ten of? As appropriate, look for other things there are ten of when you are out this week (ten stop signs, ten white houses ...).

Help your child remember part of the key verse using these motions.

**We will do** (*Point to yourself and others.*)

**Everything** (*Stretch arms out wide.*)

**That the Lord** (*Make an L with your right hand. Bring the L across your body from your right shoulder to your left hip.*)

**Has told us.** (*Cup hands around mouth.*)